

Sugar Bay

Educational Tour Supplement

Fun Bonding Tours

Life Orientation Tours

Geography Tours

History and Sociology Tours

Biology Tours

Sports and Specialty Tours



What's all the fuss about?

There's something special about Sugar Bay, something magical

Based on the American Summer Camp system, Sugar Bay stands out head and shoulders above every other South African camp. We are the only resort in SA that has been **especially designed and built for children-only holiday camps**, backed by the many generations of experience and knowledge of the traditional American Summer Camp. This puts us in a league of our own. Situated in idyllic Zinkwazi Beach amongst the cane farms, coastal forests and sunny sea side, there is **nowhere else like Sugar Bay.**

During the school term, we invite a select group of schools to come and experience Sugar Bay for themselves. Over and above our exciting range of activities, we tailor make dynamic educational programs to suit each individual school.



Have a look at our holiday brochure to find out more and see a full map of our amazing grounds and facilities.

10 reasons to choose Sugar Bay for your school tour:

1. We have more activities than any other camp in South Africa – we have over 100 activities on offer, each with it's own class and instruction. Some of our most popular include:



Stand Up Paddle Boarding
Build core muscles and improve balance



Surfing
Learn the basics on flat water before taking to the ocean



High Ropes
Conquering fears and pushing boundaries within a safe and controlled framework



Body Boarding
A fun and practical exercise reading waves and understanding currents



Snorkeling
Examine the world under the water while learning a new skill



BMXing
Improve your balance, fitness and co-ordination



Paintball
An adrenaline-packed teambuilding experience



Kayaking
Explore the beautiful Zinkwazi lagoon while developing upper body strength and co-ordination.



Drama
An award-winning combination of creativity, imagination, teamwork and self confidence

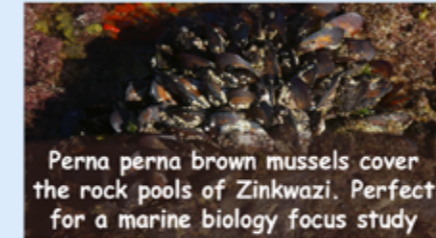
2. We have the highest staff:child ratio in the country – Depending on the length of the camp, we have a 1:3 or 1:5 counselor:child ratio in addition to our team of over 30 permanent staff members, all of whom receive extensive training in first aid, CPR and child and staff psychology.



3. We run the safest camp around – We have an impeccable 10 year safety record. Our stringent safety protocols cover every aspect of camp life and follow the requirements of the American Camping Association. For a full list of our 10 safety protocols please refer to page 14 of our comprehensive holiday brochure.

4. We are the only camp that offers free choice of activities - Learners are given the freedom and choice to structure their own day within a safe and educational framework.

5. We have one of the best locations in the world – Identified as one of the worlds 10 ecological hot spots, Sugar Bay is situated in the rolling hills of the sunny Kwa Zulu Natal north coast. With private access to the lagoon and beach, there is a huge diversity of ecosystems to explore.



Perna perna brown mussels cover the rock pools of Zinkwazi. Perfect for a marine biology focus study

6. Each program is tailor made – Each program is carefully researched, planned and presented to schools in advance. We encourage schools to send us their own curriculum so we can fit their needs exactly.

7. Luxurious camp for both teachers and students – Teachers stay in their own cabin, separate from the students, complete with mini bar and dstv. Teachers can chill out in a comfy hammock, take a stroll on the beach or join in on the fun - the Sugar Bay team has it all under control. Students are treated to not only all the great activities we have to offer, but to luxury en-suite stilted log cabins nestled in the tree tops.

8. 24 hour supervision - Our team of energetic counselors provide 24 hour entertainment and supervision so teachers will leave Sugar Bay feeling rested and refreshed.

9. All the space you need - With 16 acres of land and 14 beautiful log cabins, Sugar Bay can accommodate up to 200 children at one time.



10. We are fully registered – Sugar Bay is the only camp in South Africa that is a registered member of the ACA (American Camps Association), the South African Grading Council, PADI and SATSA.



Benefits for Learners

6 more reasons why your learners need Sugar Bay



Let your students grow through free choice and positive influence.

1. Independence – Children learn to live independently from mum and dad and all their electronic gadgets. Sugar Bay further promotes independent decision making by giving each child the freedom to choose what activity they want to do and when, without influence from parents, friends and teachers.



Counselors serve as positive role models and encourage students to be confident amongst the group. Let their best talents shine!

2. Confidence - In a happy and supportive environment, children can build confidence and grow outside of the classroom. Let that wall flower be the camp clown, the sports jock try their hand at tile painting and the group bond as a whole.

3. Happier & Positive Attitude – Luxury cabins, home cooked meals, over 100 activity choices and a cool older brother/ sister for the week that listens, cares and teaches – guaranteed to put a smile on any child's face.



Students are treated with respect and as esteemed guests at camp.



Children are active and exercising their bodies without even knowing it.

4. Healthier Mind & Body – Students have the opportunity to spend time outdoors and learn in a fresh and healthy environment. Their mental skills are put to the test in our educational programs and new knowledge is gained throughout camp.

5. Knowledge – 'What we learn in fun, we never forget'. Sugar Bay's comprehensive educational programs encourage students to learn by 'doing' rather than through traditional parrot fashion. Students will not only expand their knowledge in education but in valuable life lessons too.

6. Skill development – Sugar Bay will bring your school curriculum to life by taking it outside the classroom into a dynamic and exciting new environment. Learners will discover hidden talents by participating in any one of the hundred activities on offer. By allowing learners the responsibility and freedom to choose their own classes, there is a much higher level of participation, concentration and skill development.



Students develop communication skills through teambuilding exercises and grow social skills by learning to live and function within a group.

"Words cannot express what my boys experienced while there. The day we collected them, it felt like they'd both grown a couple of inches. They learnt to surf, eat different (and apparently yummy) food, do CPR, imitate Bear Grills, zipline, skateboard, camp, sing, be silly, become environmentally more aware... the list is endless. It's not really the "stuff" that is awe-inspiring. It's something much subtler, and so much more difficult to express."
- Carol Castrillón (Parent)

Choose a focus

"Learn in fun, learn for life"

Our school tours are tailor-made to balance educational study and fun activities, ensuring that learning is done in an interesting and memorable way. Select one of our fun, cultural or educational programs to take your school tour to the next level. If none of our generic options fit your needs, **send us your curriculum** and our team of creative and academic managers will tailor make a program just for your school. Each of our programs are explained in full on the following pages:

1. Fun Bonding tours pg 6



Choose fun as your focus to give your learners maximum access to our huge selection of activities (over 100 at the last count!). Take advantage of Sugar Bay's eleven years of experience in creating the most exciting holiday tours imaginable.

2. Life orientation tours pg 7

A practical tour that will guarantee group cohesion and bonding. Perfect for bringing sports teams, classes and prefect groups together. Build your group's leadership skills or single out potential prefects and mentors.



3. Geography tours pg 8



Sugar Bay's utopian geographical location makes our camp the ideal destination to study the environment, water catchment systems, agricultural husbandry and cartography.

4. History and Sociology tours pg 9

The historically rich background of Zinkwazi will intrigue your learners and keep them hungry for knowledge. Learn through lectures, investigations and guest speakers.



5. Biology tours pg 10



Sugar Bay is situated among a rich abundance of beautiful coastal forests, abundant rock pools, agricultural forests and the majestic Indian Ocean. These destinations offer a wide variety of different biological focus studies including fish, birds, insects, mammals or marine life.



6. Sports and Specialty tours pg 11

Sugar Bay's facilities offer the ideal location for building physical and mental stamina for any sports team, as well as the idyllic setting for art, drama and specialised focus tours.



1. Fun Bonding Tours

What we learn in fun, we never forget

Sugar Bay is guaranteed to be one of the most memorable experience of any young student's life. Children will discover and transform themselves in a safe and fun-filled environment. They will always take something home with them: a new hobby, a new skill and memories that will stay with them forever.



Introverted school children have arrived on the first day of camp, nervous of what to expect, and leave at the end of the week glowing with their new-found confidence and independence. They will discover new skills and empowering qualities such as responsibility, self awareness and decision making.



Sugar Bay's extensive range of over 100 activities make us the number one choice for Africa's top schools. Free choice of these activities encourage children to be independent, exercise their decision making skills and reach their highest level of potential, whatever their level of ability.

There is something for everyone at Sugar Bay. Our broad selection of activities cater for all interests, hobbies and current trends. With a full range of latest equipment and experienced instructors, the choices are continually being innovated. Children may choose to learn anything from stand up paddle boarding to BMXing, or skateboarding to crafts.



* Read more about our exciting activities in our Sugar Bay Holiday Camp brochure.

"This is by far the best camp I have brought children to. Everything was so well organized and you guys have thought of absolutely everything to make our stay and the kids stay absolutely amazing"
- Sandra Watkins (Junior Primary teacher at Kainon Primary)



2. Life Orientation Tours

So much more than a school tour

Sugar Bay is the ideal way to unite sports teams, settle and acquaint students with their new classmates or identify and unite future leaders. Our dynamic and top of the range equipment and activities put us in a different league to any other camp in Southern Africa. Our diverse range of both physical and non-physical team building activities are ideal for **reducing conflict** and **growing trust levels** between your students.



Learn for life:



Team building - Our creative team of managers will put together a tailor-made team building program specific for each group, using our unique location and facilities. Children are encouraged to think outside the box and work together in ways they never imagined possible, learning teamwork, leadership, co-ordination and perseverance.

Leadership - Our leadership program is the perfect opportunity to get your prefects, monitors or team leaders to shine. Watch your students transform into diplomatic, empathetic and strong willed individuals.



Survival - An intense survival program that will keep children active and outdoors. Children will learn responsibility, teamwork, basic survival skills and tactical thinking.



"Sugar Bay is about friendship and leadership and you also learn team work! It is a good place to teach children about respect in a fun way"
Grade 7 Camper (Richards Bay Primary)

"A staff group that is a rainbow not only in race, but in religion, culture and personalities too, reflects well on the suitability of Sugar Bay for people from all backgrounds and enables a sense of belonging to all campers"
Dr F.A. Majid (Mother of 10year old camper)

3. Geography Tours

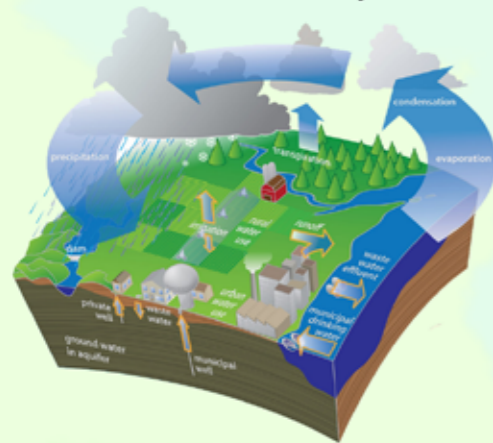
Zinkwazi - the centre of one of the world's most important ecological "hot spots"

Sugar Bay is surrounded by a huge **typographical diversity** which includes agricultural farms, ever-green coastal forests, geological upliftment, alluvial mineral deposits, saline rivers, open lagoons, dune restoration projects and the tropical Indian Ocean. Under the trained tutelage of our experienced staff these different terrains provide for a wide range of ideal geographic studies including:

Environmental Studies - The area surrounding Zinkwazi Beach has recently been identified as one of the World's ten **most important Ecological Hot Spots**. It is now receiving a huge amount of international attention and multi-million rand funding. Impact studies can include farming, town-planning, dune restoration, pollution and mining (RBM may soon be mining the beaches for titanium and other alluvial minerals). Discover through **hands-on learning** with our dynamic counselors or engage the services of an esteemed resident lecturer such as Mr Gareth Roberts, project manager for the Lower Tugela Hotspot, Mr Neil Wallace, active in the local conservancy or the internationally acclaimed Dr Peter Ardington (opening speaker for the 2011 30th World Veterinary Congress).



Water Studies - Study the different water catchment systems and elements impacting upon them:



- * **Dynamic open and closed water systems** of rivers and lagoons including the Tugela river (3kms north of Sugar Bay), the Nonoti and Zinkwazi rivers.
- * The mechanics, causes and effects of the **waves, tides and currents**.
- * The impact of **drought, flooding, farming** and a village solely dependent on boreholes.
- * The water cycle specific to a **tropical coastline** (humidity, mist, unique cloud formation and their impact on the different water systems).



Explore the surrounding cane fields and compare the produce of different farms

Agricultural husbandry - Engage one of the upstanding landowners for a personalised tour through a thriving farm. Learn about related **economics, employment** and good and bad farming practices.



Cartography - Learners will gain valuable navigation, compass work and map reading skills while exploring the surrounding farms, forests and coastal plains.

"You have a great resort. Please keep up the wonderful work you are doing. More South Africans should come here. The rest of SA can learn a lot from you! The counselors are the best. We love you guys!"
- Peggy (Teacher at Tubungu School)



4. History and Sociology Tours

The ultimate learning experience

Zinkwazi Beach is the centre of a number of historically significant events and is home to a rich diversity of cultures and people.



Strandlopers to Seaside resort - There is plenty of evidence that Zinkwazi Beach formed an early and important Strandloper settlement in 300AD. Study the people, **environmental forces** and **historical events** that have shaped this community over the last 2000 years including slavery, drought, flooding, depression, wars, indentured labour, and good and bad farming practices.

Sociological Studies - Practical exploration of the local cultures, people and economic forces. Study the impact of **land re-distribution** on farming; assess and discuss life on **farm compounds**; evaluate **conservation practices**; conduct studies of rural entrepreneurs and subsistence farmers and fishermen.



Guest speakers - The famous African explorer, **Kingsley Holgate**, actually lives in Zinkwazi Beach and gives memorable talks about his travels (providing he is not currently busy with an expedition). There is also a wide range of local **amateur historians** who are happy to share their knowledge about the local culture and history.

Visit neighboring historical sites - Sugar Bay is situated close to an abundance of historically significant land marks, museums and battle fields. Use us as a base to visit the Ultimatum Tree, Rorkes Drift Battle Fields, King Shaka Museum and Memorial and the Harold Johnson Nature Reserve



Engraved stone placed along side the Ultimatum Tree to commemorate it's historical significance.

"Thank you for the positive energy and enthusiasm. Everything was well planned and had great variety. The counselors were very caring!"
- Mrs. Ciliers (High School teacher at Cambridge Academy)



A shot of the beautiful Zinkwazi Hills, taken from our lagoon.



5. Biology Tours

Spoiled for choice

The Zinkwazi area and surrounds have been identified as **one of the ten environmental hot-spots in the world**. Our abundant rockpools, tropical forests, lagoon, estuarine river and sandy beaches make Sugar Bay the perfect location for in-depth biological studies of the diverse flora and fauna of South Africa. Experience a hands-on tour of what is learned in the classroom under the guidance of our counselors, or book a guest lecturer.

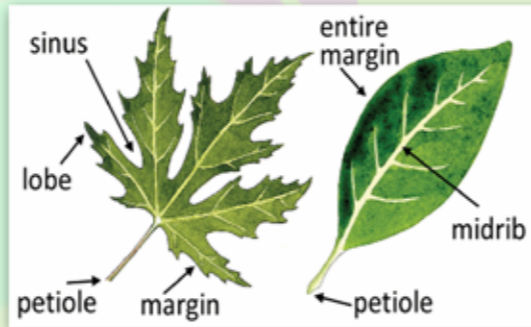


Our rock pools are teeming with hundreds of molluscs and crustaceans

Marine Biology - Our primary dune vegetation poses a fantastic opportunity to study the evolutionary development of the KZN shore line. The sea, river and lagoon offers a huge variety of 40 fish species that may even jump into your lap during kayak classes and our beach is always popular with land and offshore fishermen. Taste mussels and oysters while learning about their natural survival. Fish for one of the 13 prawn species, catch one of the 10 different types of crabs or pick up shells, cuttlefish and crayfish tails scattered along our beaches. Book a talk with the

Sharks Board or our very own shark activist to investigate the effects of the shark nets upon the marine life (including different shark species, resident green turtles and bottle-nosed dolphins). Or request a Whale Watchers Walk in the October season and increase your chance of spotting these majestic creatures.

Botany - Conduct a study of one of the indigenous trees such as the beautiful Wild Fig Tree; study the life-cycle of sugar cane or investigate the Chromalina Odoratta alien species. Explore the famous Zinkwazi forest which is the last remaining pristine coastal forest in Southern Africa (south of the Tugela River) and which boasts more indigenous tree species than the whole of Britain combined.



Land Organisms - Zinkwazi Beach is a rich source of insects, bird life and wildlife providing an ideal place to take the classroom outside. We are home to over 180 identified bird species and another 200 still to be identified. Sugar Bay is located on the Zululand Birding Trail. Spot our namesake, the Fisheagle, or an elusive buck or wild pig, while kayaking in Zinkwazi River Nature Reserve. Within Sugar Bay's grounds you can observe dung beetles, tree frogs, geckos, vervet monkeys and thick-tailed bush babies in their natural habitat, as well as our resident goats and potbellied pigs.

"You have outdone yourselves yet again, each year Sugar bay just gets better and better. We are so blessed to be able to bring our children to a camp like Sugar Bay!"
- Jeannie Cotton (Primary School teacher at Saheti)

Sunset shot of Zinkwazi's Grey Heron resident.

6. Sports and Specialty Tours

Push your team to achieve their full potential



With our 25m pool, full-sized flood-lit soccer field, beach, lagoon and sea, and two full-sized sports halls, we can cater for almost any sports or speciality tour including rugby, soccer, water-polo, swimming, hockey, cricket, rowing and surfing. We also have a theatre and extensive arts complex for arts, crafts and other speciality tours.

Our **top-notch equipment**, **stunning facilities** and **envious location** provide the ideal environment for sports and speciality tours. Bring your team for an intensive training camp in your chosen field, while giving them the opportunity to cross train and learn new skills in an exciting environment:

Perfect balance skills through activities such as Surfing, High ropes, BMXing and Crate-Building

Core muscles are strengthened and developed in most activities including Stand Up Paddle Boarding, Bosu balls, mechanical Surfboard and Skating



Hand-eye co-ordination is improved through the paint ball course, ball games and wall-climbing

Physical stamina underlines every activity, particularly Surf-swimming, Beach Activities, Obstacle Course and long-distance Kayaking



Upper Body Strength training is achieved in classes such as Kayaking, Stand-up Paddling and Wall-climbing



Fine motor skills are developed through Bead-Work, Sand Sculptures and various Art classes



Increase Lower body strength in BMXing, Snorkeling, Field Sports, Jogging and Hiking

Increased flexibility is achieved through Swimming, Yoga, Climbing and Dance Classes



Mental stamina underlines all our challenging Evening Activities and Teambuilding tasks



Whether your team wants to **train hard**, **bond together**, **rejuvenate** in the sun or **cross train** through all our different 100 activities we would be happy to put together a special program for you.

"The team is inspiring and it is great to trust them influencing our young ones."
- Wandu (Junior Primary Teacher at Cornwall Hill College)

Sugar Bay Exclusive Teacher's Cabins

Sugar Bay knows just how hard our teachers work. This is why we have gone all out to ensure relaxing, luxury accommodation for all teachers who come to Sugar Bay during our School Tours.

Nestled in our indigenous canopy of trees, in the convenient entrance of our sixteen-acre property, amid the scenic sports field and main hall, lies our private teacher's lodge.

The teacher's lodge contains eight, two-sleeper rooms with ensuites, two communal kitchens, two extra bathrooms (communal), private lounge, private deck, and a private heated pool.

Each bedroom has been individually decorated by our Director, Zoe Ellender, according to the following themes; Almond, Blueberry, Coffee, Date, Elderberry, Fig, Ginger, and Honey.

The bedrooms each boast two single beds dressed in white percale linen (100% Egyptian Cotton), timeless antique furnishings, built-in cupboards with shelves, full-length mirrors, tea and coffee facilities, laptop safes, electric mosquito repellents, and ensuite bathrooms with showers. One of the specialties of the décor is definitely how we gave the rooms a personal touch by framing hand-painted artwork from our Director, Camp Manager and other artistic members of staff.

Our teacher's lounge has multimedia facilities such as free wifi connection, flat screen television and dish satellite/cable TV. There are comfortable loungers, a dining table, veranda, and transparent blinds in case of poor weather conditions (to block out the wind, rain etc. whilst still enjoying the scenery).

Our communal kitchens with honesty bar facility and bathrooms are situated alongside the lounge creating complete amenity.

The highlight of the teacher's cabins is, of course, the private, heated swimming pool and deck. With our warm, tropical coastline climate, a swimming pool is an ultimate retreat for a cool dip and relaxation after a day full of fun.

Our School Tours is an opportunity for you, dear teachers, to take a break while your learners are gaining new experiences and learning at Sugar Bay.

Here are some other exclusive activities that we offer our teachers:

- * Sunset Cruise
- * Braai & Sundowner evenings
- * Pizza at the Beach
- * Cocktails at the Ocean Reef Hotel

And many more...



"A tour not soon to be forgotten..."

Situated in the rolling hills of Zinkwazi (KZN, South Africa), Sugar Bay is the first choice destination for top local and international school groups and associations. With free choice of **over 100 activities** and **24 hour supervision** by **fully trained counselors**, Sugar Bay's impeccable attention to detail is unbeatable. Send us your curriculum and we will **tailor make a tour** program to fit your group's every need.

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"Thanks for such a wonderful time. You guys have an excellent business formula. We were all very impressed with how organized the days were and how genuinely kind the counselors were to our kids. I will definitely recommend Sugar Bay to other colleagues around the world." - **Henrique Guerreiro (2012, American International School Lagos)**

