



Welcome to Sugar Bay!

We look forward to having you at Sugar Bay for the next couple of days. We trust that you will enjoy your time with us! Here is a brief breakdown of our general guidelines that we follow at the resort to ensure everyone is safe and having the time of their lives.

Management

Directors: Nic and Zoe Ellender

Sugar Bay is owned and managed by Nic and Zoe Ellender. They have three children: Tao, Cuan and Asher and two beloved dogs. Nic, a mechanical engineer, and Zoe, an attorney, both left the corporate world to follow their dream of combining their love of children, holidays, adventure, sports, sun and fun. They have extensive experience in caring for, entertaining and managing children of different age groups. They love to see children making the most of their special talents and abilities and are committed to providing the ultimate camp experience.

Five Rules

Sugar Bays has five rules, which are explained to the kids on arrival.

1. Have Fun
2. Respect People
3. Respect Property and the Environment
4. Follow Instructions
5. Be Safe

Counselors

The young adults who are chosen to take care of and supervise the campers are called "counselors". They come from all over the world and many of them have worked in American Summer camps. Our camp counselors are specifically trained and experienced in the growth and developmental needs of the different age groups, as well as Emergency First Aid & CPR. We also have our own qualified lifeguards who accompany the children to the beach, lagoon, and swimming pool. They are then selected based on their performance during their training week. We also check our staff's criminal background prior to employment.

Their crazy nicknames and playful personalities set a great vibe and bring a lot of excitement to Sugar Bay. Every counselor here at camp has a funny nickname which adds to the magic and mystery of camp life. Their first priority is the care, supervision and happiness of every child; and they form an integral part of the Sugar Bay experience. They are also actively involved in teaching activities and ensuring that every child is helped and encouraged to reach their full potential, whatever their capability level. Our 1:5 staff to child ratio is the highest in the country, and 24-hour supervision ensures that the campers are kept extra safe while having the time of their lives.

Health Centre

We have a professionally designed Health Center, run by a qualified nurse, fully equipped to deal with routine medical care and administer all medication. All counselors are certified in CPR and First Aid and we have a doctor on call 24 hours a day. The nearest private hospital is only 20 minutes away. All medicine (including vitamins) is dispensed from the Health Center as per parents' instructions.

Camp Store

The Camp Store will be opened throughout the day. Money will be handed in on the first day and will run on a credit system. Leftover money will be refunded on the day of departure.

Activities

We encourage campers to be as involved as possible in the activities. Teachers are most welcome to join in as many activities as they wish. Most of our activities have strict operating procedures. These procedures are for the safety and comfort of both instructor and participant and will be communicated at appropriate times. Please ask us if you would like more information about any of our safety regulations.

Every camper completes a compulsory three-part swim test. Based on this evaluation they wear a colour coded rash vests designating how deep they can go into the water, where they are allowed to swim, and how much supervision they require. The rash vests also identify our campers as belonging to Sugar Bay.

Cabin Life

No food in the cabins: because it attracts insects and monkeys. Siesta is a chill period after lunch time where the kids go up to their cabins where they can either sleep or have time to relax with their friends. Campers are only permitted in their own cabins. Privacy: no boys on girls' walkways and vice versa. Boys and girls can meet at the boma.

Alcohol and Smoking

Under no circumstances may campers have any alcohol, cigarettes or any illegal substances in their possession. Although we do not allow smoking at camp teachers may smoke in the designated area. We request that you do not smoke in the cabins as it is a fire hazard.

Cell Phones

It is common policy for cell phones to not be allowed at summer camps around the world. This is for both safety reasons so that the phones do not get damaged or stolen while they are at Sugar Bay, and because they are a distraction to the children. Cell phones can lead to unsociable behavior and detract from their enjoyment of camp. If they do bring cell phones they are kindly asked to hand it in when they arrive.

Emergencies

In the event of any emergency, we ask both teachers and children to stay calm. The long repetitive wail of the klaxon siren will alert all to a fire drill or real emergency. Both are to be treated with the same urgency. The field will be the designated safety zone in any emergency unless otherwise instructed. Head towards the electric fence and follow it down towards the sports field. Do not run and do not waste time worrying about random items or possessions. Under no circumstances should the boardwalk be used. All cabins are fitted with emergency panic buttons which are located just next to the bathroom light switch.

Sunscreen Protocol & Anti-Dehydration Measures

We have strict protocols relating to sunburn and dehydration. Every child must carry a day bag containing sunscreen, a water bottle and a hat. These day bags are checked regularly by the counselors, and the children continuously must reapply sunscreen and drink plenty of water. Every counselor who is running an activity off the property is given a First Aid Kit, which are inspected and replenished twice daily.

Day Bag:

You cannot take part in activities without all of these:

1. Sunblock and Sun stick (Minimum SPF30. Enough for regular reapplications – at least 450ml)
2. Water bottle
3. Hat
4. Swimsuit
5. Towel
6. Flip flops and tekkies or trainers

Finally

When children come to Sugar Bay, we want them to leave with a greater sense of personal efficiency, a broader outlook on life, and skills to succeed in the world.

